

Collette Tours

Activity Level Descriptions

Level 1: You're a leisurely traveller. You typically take it easy and discover the energy of a new place by people watching or soaking in the atmosphere at a local café. You can climb at least one flight of stairs, board a coach, and walk unassisted at a relaxed pace for up to 60 minutes without difficulty. You can easily handle altitudes up to 5,000 feet.

Level 2: You like a balanced approach to travel. Walking 3-4 kilometres over the course of a day is no problem. You can partake in a two-hour leisurely walking tour, covering up to 3 km (with included breaks). You can handle a variety of terrains, from cobblestone streets to moderate hills with relative ease and without assistance. You can climb two flights of stairs with ease. There may be 1 to 2 days on this tour when walking can cover 4-6 km over uneven terrain. You can handle altitudes up to 6,000 feet.

Level 3: You're an on-the-go traveller. You don't want to miss a thing, so walking and standing for longer periods of time (2-3 hours) isn't a big deal. A moderately paced 2.5 hour walking tour, covering several kilometres, hills, and uneven surfaces, is no problem. Walking 6 km over the course of a day is very doable, as is climbing into and out of various modes of transportation (tuk-tuk, cable car, zodiac, etc.). You can climb three flights of stairs easily and handle altitudes between 6,000 and 9,000 feet. Expect some longer days balanced with free time to recharge or set out on your own adventure. This level is not a fit for travellers who require mobility assistance devices.

Level 4: You're ready to seize the day, whatever it may bring. You lead an active life at home (walking, biking, and half or full day hikes are things you may enjoy) and 10,000 steps a day is normal for you. You can handle longer walking tours (more than 3 hours covering 4.5 km at a steady clip) and activities that involve traversing uneven terrain, steep slopes, standing for periods of time, and varying altitudes and temperatures. You don't mind being on the go with some early starts, late-nights, and full days. You can handle altitudes of 9,000 feet or higher with little to no issue. This level is not appropriate for travellers who use wheelchairs, walkers, and other mobility assistance devices.