

1st/2nd Field Hockey Waterboro Playday Info: Saturday, September 20, 2025

Where: Massabesic High School – 88 West Rd, Waterboro ME

Games: Games are 20 minutes with a five-minute break in between. We will play 7v7 and have plenty of substitutes so players will get adequate rest throughout the games as well. We ask that you please assist your child between games for bathroom breaks as needed while coaches organize players and transition between fields.

Time	Saco 1 st /2 nd Grade Team
7:45am	Warm Ups: check-in with Coach Daron
8:00am	Game 1: vs. Waterboro 1
8:25am	Game 2: vs. Waterboro 2
8:50am	Game 3: vs. Biddeford

Fields: The Massabesic High School turf will be divided into several smaller fields. We do not have exact field numbers for games, but they will all be on the turf. Please look for Coach Daron upon arrival and she will direct you to the correct field.

Clothing and Equipment:

- **Equipment:** All players must have shinguards, mouth guard, and their stick. They will not be able to participate without these so please do not forget them.
- **Shirts:** Please have all players wear their maroon SPR Field Hockey t-shirt.
- **Hair pulled back and NO JEWELRY!** Please have players arrive with no jewelry and their earrings already taken out at home. If your child cannot remove their earrings due to recent ear piercings, please make sure their earrings are covered with medical tape or bandaids before they arrive at the fields. This is for the safety of the player to prevent earrings from being hit or on clothing/hair.
- **Hydration:** please pack lots of water for your player for breaks. We will be playing a lot of field hockey in a short period of time!

Turf Rules:

- ABSOLUTELY NO FOOD OR DRINKS ALLOWED ON THE TURF. Only WATER is allowed on the turf.
- **Spectator seating:** Stadium seating is available for turf games.
- Please have players walk across the mats that are laid out to reach the turf.
- NO dogs allowed on the premises.

Weekend contact info: if you need to reach a coach during the weekend, please call or text Meg at 207-329-6211.

Thank you!
SPR Field Hockey Staff