

## 3<sup>rd</sup>-6<sup>th</sup> Waterboro Field Hockey Playday Info: Saturday, September 20, 2025

**Where:** Massabesic High School – 88 West Rd, Waterboro ME

**Games:** Games are 20 minutes with a five-minute break in between. Games will be 7v7 so players will have adequate rest throughout the day. We ask that you please assist your child between games for bathroom breaks as needed while coaches organize players and transition between fields.

**Team Schedules:** Please see below for schedules.

Time	Saco 3 <sup>rd</sup> /4 <sup>th</sup>	Saco 5 <sup>th</sup> /6 <sup>th</sup> Gold	Saco 5 <sup>th</sup> /6 <sup>th</sup> Maroon
7:45am	Warm Ups: check-in with Coach Keriann and Coach Shannon		
8:00am	Game 1: vs. Wells		
8:25am	Game 2: vs. Waterboro		
8:50am	Game 3: vs. Kennebunk	Warm Ups: check-in with Coach Meg and Coach Daron	
9:15am		Game 1: vs. Waterboro 2	Warm Ups: check-in with Coach Jenni
9:40am		Break	Game 1: vs. Kennebunk
10:05am		Game 2: vs. Kennebunk	Break
10:30am		Break	Game 2: vs. Portland 2
10:55am		Game 3: vs. Waterboro 1	Break
11:20am			Game 3: vs. Waterboro 1

**Fields:** The Massabesic High School turf will be divided into several smaller fields. We do not have exact field numbers for games, but they will all be on the turf. Please look for your coach upon arrival and they will direct you to the correct field.

### Clothing and Equipment:

- **Equipment:** All players must have shinguards, mouth guard, and their stick. They will not be able to participate without these so please do not forget them.
- **Shirts:** Please have all players wear their maroon SPR Field Hockey t-shirt.
- **Hair pulled back and NO JEWELRY!**
- **Hydration:** please pack lots of water for your player for breaks. We will be playing a lot of field hockey in a short period of time!

### Turf Rules:

- ABSOLUTELY NO FOOD OR DRINKS ALLOWED ON THE TURF. Only WATER is allowed on the turf.
- **Spectator seating:** Stadium seating is available for turf games.
- Please have players walk across the mats that are laid out to reach the turf.
- NO dogs allowed on the premises.

**Weekend contact info:** if you need to reach a coach during the weekend, please call or text Meg at 207-329-6211.

Thank you!  
SPR Field Hockey Staff